

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: AZV

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claassen Benny HEADCOACH

Coaches: Torfs Agnes

Coaches: Verachttert Elke

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:8, starttime: 09:32
Heat: 8/9 Lane : 6 Athlete: WILLEMS IWAN					Q-time: 01:17:92
PB (25m pool): 01:13.19 Nijlen 18/10/2026					PB (50m pool): 01:17.92 SB: 01:13.19 Nijlen 18/10/2026
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:34.31		01:13.19	
	00:34.31		00:38.88		
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:6, starttime: 09:46
Heat: 6/10 Lane : 7 Athlete: PEETERS LENA					Q-time: 01:25:45
PB (25m pool): no time					PB (50m pool): 01:25.45 SB: no time
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		no time		no time	
	no time				
					

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:8, starttime: 10:47
Heat: 8/10 Lane : 3 Athlete: WILLEMS IWAN					Q-time: 01:06:63
PB (25m pool): 01:05.53 Nijlen 18/10/2026					PB (50m pool): 01:07.86 SB: 01:05.53 Nijlen 18/10/2026
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:31.18		01:05.53	
	00:31.18		00:34.35		
					

Coach feedback:

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Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:4, starttime: 10:57	
Heat: 4/10 Lane : 3 Athlete: PEETERS LENA					Q-time: 01:11:22	
PB (25m pool): 01:11.22 Mol 04/10/2026					PB (50m pool): 01:13.01 SB: 01:11.22 Mol 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:34.41		01:11.22		
	00:34.41		00:36.81			
						

Coach feedback: